



EAGLE WORLDWIDE MINISTRIES
SPIRIT MINISTRIES TRAINING CENTRE

COUNSELING DYNAMICS 2

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E A G L E W O R L D W I D E M I N I S T R I E S

Spirit Ministries Training Centre

Counseling Dynamics – Part II

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Spirit Ministries Training Centre

Counseling Dynamics – Part II

Mark Distribution:

Mid Term: 50%

Final Exam: 50%

*****IMPORTANT*****

Q&A discussions contained in the teaching videos discuss essential teaching, training and context for healing and counselling. It is mandatory to listen to all of the questions and answer session that take place within the training sessions. You are encouraged to take notes for these sections.

Counseling Dynamics – Part II

Session #1

Healing Prenatal & Early Childhood Issues - Part 1

Inner healing is a misnomer, it is really inner death of self on the cross and rebirth.

Inner healing is not just for a few people it is something we all need. We all have an old nature with practices that we need to put off because we have been born anew. It is the process of inner sanctification and transformation!

Sanctification is the process which the Holy Spirit brings us at all times to more and more fullness of death to self in Him and new life in Christ

Transformation is the process of sanctification in which everything in us is transformed to Glory.

Transformation means all of our deserts have been turned into Gardens all of our weaknesses to strengths, all of our hurts into places out of which we minister to others. It means, Satan has won NO victories whatsoever! Romans 8:28 – all things DO work together for good to those who are called according to the purpose of the Lord.

Inner healing never erases a memory, it values what you've been through, so that because you've suffered and were tempted, you are able to help others who suffer and are tempted. (Hebrews 1:18)

What this involves is, looking into lives to see what is the Glory that God is producing through the trauma. What is the eternal value that God is bringing forth. Cherishing and valuing everything that happens in a person's life.

Every incident in your life, God intends to bring to glory.

We are not changing history – but we are changing the way people think about history. It can be transformed so that everything in life is praise.

Sometimes there are roadblocks to successful freedom in people's lives. Matthew 3:10 says lay the axe to the root to the trees. If we don't go to the root of any issue, we will continue to repeat the issues again and again without being transformed to the nature to Christ.

The root of our lives however are hidden and formed in our earliest encounters that we have no memory of, these are developed en utero. We have learned we need to lay the axe to the root issues that began in the womb.

Children in the womb have a mind in their spirit before they have a brain. A child in the womb can sense things, know things, react and in those reactions, develop coping mechanisms that will affect their entire lives. (eg. John the Baptist jumped in the womb of Elizabeth when Mary walked into the room

carrying Jesus. John the Baptist had a mind in his spirit and the Holy Spirit could inform him and he jumped for joy)

The Secret Life of the Unborn Child by John Kelly and Thomas Verny reveals that unborn babies hear, taste, feel and learn in the womb. The womb experiences shape a child's attitudes and expectations about himself and life. Deep persistent patterns of feeling in the mother affect the unborn child.

If the womb is a friendly and safe place, the baby predisposed to good health, happiness and normal development. If the womb is an unfriendly or unsafe place the baby may be predisposed to ill health, nervousness, irritability and arrested development.

Research indicates that babies are keenly aware of their mother's emotions and these emotions go right into the child. The child may even take responsibility for the mother's feelings. Actual memories of birth trauma and birth experience can also affect the child.

Quarrelling, yelling and screaming while a baby is in the womb drastically affect the child. It causes fear, hurt and maybe parental inversion where the baby takes responsibility for the emotions of the parents. Loud noises also affect the baby while in the womb. Babies are affected by music and love music by Mozart and Vivaldi but hate Beethoven and rock music.

Dealing with issues of abortion: it is murder. It is not unforgivable.

Matthew 13:37 – The good seed are the children (Son's) of God

Psalms 126:5,6 – He that goeth forth bearing precious seed and weepeth shall doubtless return with joy bringing his sheaves with him.

Satan knows that God is sending in this time period, His own children into the earth for the climax of the ages, and he has worked to create abortion in order to kill them. Intelligence warfare, Satan often knows when one of God's own is being sent to earth. Moses and Jesus are biblical examples.

When ministering to women who have had an abortion, ask them to pray and ask God what would have been the sex of the child if the child had lived. Ask God what their name was. This is restoring humanity to the child and brings great tears of repentance which brings transformation. When praying, do not minimize the sin, it is the sin of murder. Pray: "Lord, we forgive this mother for committing the sin of murder. We wash her clean in the water of the Lord (better not to pray about the blood in this case). As far as the east is from the west the Lord has removed your sin from you. Lord restore her, restore her heart, her feelings."

Counseling Dynamics – Part II

Session #2

Healing Prenatal & Early Childhood Issues

Part 2

It is not what happens to us inside or outside the womb, but how we respond to the experiences of life that affects us. Not all children with similar womb experiences react in the same way. God given temperament and grace often intervene. Every child experiences some degree of discomfort or difficulty in the womb.

Some wounds and reactions can be deep and impact the baby through childhood and into adulthood. The following are examples:

When a child is conceived or born out of wedlock:

The baby knows this and feels every bit of the mother and the father's fear, guilt, shame. This affects the baby so that he is unwanted, an intrusion and should not be there.

Deuteronomy 23:2 says children born out of wedlock will amount to nothing and they cannot come into the temple for 10 generations. One reason Jesus was born in those circumstances he was born in was to comfort people who are conceived out of wedlock. Everyone in His day thought he was born out of wedlock.

The child in the womb may not react to this circumstance, however if they do, here are some of the symptoms:

- The child comes out of the womb with a death wish. They feel they don't have a right to be here and this manifests in worse-than and more-than the usual childhood illnesses and accidents. because the child is trying to die.
- Performance Oriented. I will never be able to earn enough to overcome my birth I'm wrong I shouldn't be here.
- Fear of rejection.
- Fear of death.

How do you heal?

Pray for the person as an adult for their time in the womb. Example prayer:
"There are no illegitimate children, there are only sinful parents. Lord we lift the lie off this child that he has no right to be. We lift the lie off this child that he is a shame and a disgrace to his family. We lift off of his heart and mind, the guilt and the fear that his parents went through. We set him free Lord Jesus. Lord we welcome him to earth; he is a gift of heaven to earth. We welcome this child. Lord bring to death performance orientation and set him free to know that it is ok to be, that he is loved just as he is and he doesn't have to earn the right to be. We set him free.

When a child is conceived or born at the wrong time:

The parents may be married but are not ready for a child or don't want to have a child at that time.

A symptom for children born out of time is dyslexia. The child in the womb knows they are not wanted; they wanted to get back up to heaven, they turned around in the womb.

Healing prayers for dyslexic people:

First uncover the roots (the feeling of being unwanted, etc.), pray for all those roots to be healed and speak truth over them that they are wanted. "God has sent you here, you have a right to be, lift the lies off them."

"Lord we forgive his shrinking back, his turning back"

Reference to the parable of the talents: Any time we shrink back and burry who we are, burry our talent, what we think we have has been taken from us, which is our abundant life. What happens to dyslexic children is they shrink back in fear and burry themselves. They turn around inside the womb. So the prayer is to forgive the turning back and ask that rebellious turning back in Jesus' name. Ask the Lord to let trust of life be restored to this person.

Then, the Lord's direction at this point is to see Him (the Lord) reach in turn this persons spirit around forward. It is as though the person is in their body backward. See the Lord turn their spirit forward so that they sees straight forward and their left hand is left, and his right hand is right.

When a child is the wrong sex:

When parents are hoping for a baby of a particular sex but the child in the womb is being formed as the other sex, the child in the womb knows it. They feel unwelcome and wrong. The child may even try to be the other sex for the parents.

A woman whose parents hoped for a boy child grew up to appear very masculine in dress and mannerism. Though she was married with 5 children, she felt unclean every time her husband would make love to her. The Lord revealed to her in a dream that when she was in the womb, she heard her father talking in glowing terms about the boy he was going to have. The reason she felt unclean each time her husband made love to her was that it was so strong in her that she was supposed to be the man, that she felt she should be the man making love to the woman so it felt wrong to her.

Healing prayer for adults suffering from wrong sex:

"Lord, come to her in the womb, speak into her heart. *'I don't make any mistakes, I didn't send you to be a boy, I sent you to be a lovely woman.'* I lift the lie off of you that you have to be your daddy's boy. I set you free.

Sometimes you have to have people act things out as well. In this case, the recommendation was to get a make-over (buy frilly womanly clothing, get a nice hair-do and put some lipstick on). She was then able to be free to be a woman and never had a problem making love to her husband because she no longer needed to be the man making love to the woman.

Wrong sex is also one of the causes of homosexuality, but this will be discussed further in a later chapter.

When the child is unwanted or threatened by abortion or adoption:

The child knows when either of these things is occurring. Depending on how the child reacts in the womb, the symptoms of adoptive children can be:

- Performance oriented. I don't have a right to be here, I am not wanted; I have to earn my right to be here.
- Rejection. The child feels the rejection of the parents, no matter how good of a reason the parents had for giving the child up. They feel guilty for being.
- Death wish. The child feels there is something wrong with them; if they were not wrong they would be worth keeping. More than the normal amount of illness/accident.

2 most telling symptoms of adoptive children are:

- Kleptomania. They often steal, even things they don't even need. Why does the child steal? In his spirit, the child knew that when his parents conceived him that meant there was a promise to keep him and raise him. When the parents gave him away for adoption that made a lie of that promise. Therefore, because of bitter root judgment and expectancy, and the law of sowing and reaping, they want to steal. This is also a cry for help.
- They Lie. They become inveterate liars for no reason, just to lie. Why? Because they were lied to, they lie.

How do you heal these things?

First you track out what are the manifestations in their life. Some children may not be manifesting any of these symptoms because they were so loved. But if there are manifestations of symptoms you track from the fruit to the root and pray:

"Lord, come to this child. As a parent I repent for his parents giving him away, I am so sorry Lord. Enable his spirit to forgive his natural parents for giving him away. Lift off the lies that he doesn't have a right to be; lift off the lies that he is a shame (quite often these children are conceived out of wedlock). Heal his heart Lord. Speak into to him *'You are my child, I will never reject you. I sent you to earth, I love you I choose you, and you're mine.'* So heal that heart. Lord, let him be forgiven for all he's done (lying, stealing, etc.).

Other symptoms of adoptive children manifest in teenage years. Normal identity crisis occurs in teenage years when they must internalize and individuate.

Internalize means everything that has been given to them has been from their parents, they have to mull it over and make it their own.

Individuate is to cut the apron strings and say "I'm not you, I'm me and I need to choose for myself what I believe."

With adoptive children however, there is no bottom to their questions. They have an identity crisis and they don't know who they are because they don't know their history. Try to help the person find out about themselves through their natural parents and if there is no possible way for this to happen, ask the Lord to help enable this person to find themselves.

Remember in healing; always track from fruits to roots. *What is the fruit in the life and then ask questions.* If the root tracks back to pre-natal, sometimes the person doesn't know. Suggest they talk to their parents, older relatives to find out as much as they can about when their mother was pregnant. Try to do as much research as possible. Also, you can use gifts of knowledge – ask Holy Spirit as the one who is praying, for revelation of what happened in the womb.

Possible reactions from any of the above circumstances: (all of this is subliminal, in the deep heart. This is not known to the mind.)

Shame: If born out of wedlock, they child feels the guilt of their parents and their own – if I wasn't here, they wouldn't be in trouble.

Guilt: Especially if the pregnancy puts the mother's health in danger or if the pregnancy puts a financial burden on the parents – a child can feel responsible and never get free.

Anger: At parents for their sin, for having to work so hard to deserve life. i.e. A child born after a miscarriage / abortion. Pray: "We release you from the burden of having to live or perform for you and your brother. We set you free from striving to make up from your brothers loss.

Fear / Fear of rejection: If children are rejected, they are hungry for the love they didn't get, or if it was too painful to have their heart opened up, they just reject it any type of love of affection. You can pray for this to be healed.

Fear of not having enough: When a child reacts to a circumstance of there not being enough. I.e. Mother can't breast feed, child doesn't eat. Later on in life, the adult hoards in fear there will not be enough for them. Pray the Lord would come to the child in their birth experience, enable them to forgive and heal the experience. Cast away the fear that there would not be enough and heal the experience.

Performance Orientation: The child comes out of the womb thinking they need to work to be acceptable.

Parental Inversion: Occurs when one or more of the parents flakes out, loses it or has vices, and the child takes responsibility to parent the parent and/or the other children.

Identity crisis / gender confusion:

Secrecy / detachment / isolation: children that were conceived as 'wrong sex' in the womb, weren't discovered as the 'wrong sex' until they were first seen coming out of the womb. This triggers fear so they therefore do not want to be seen.

Rebellion: Why should I try, I can't please them anyway.

Death Wish: I don't deserve to be here.

Pathological Lying / Kleptomania:

What is the healing process for all conditions of pre-natal wounding?

- 1) Examine the fruit: Help the person to understand the relationship between what is happening now and what happened in the womb. This is laying the axe to the root.
- 2) Ask God to speak to the child within: "I knew of you, I planned your conception" Eph 2:10 / Psalm 139 – no child is a mistake.
- 3) Pray and speak words of comfort to the heart of the rejected child.
- 4) Bring the lies to death on the cross: Speak truth on the Lord's behalf to help set the person free from the lies.
- 5) Pray for children to know their place and for the sense of their own place to be healed.
- 6) Pray aloud for God to intervene and ask God to remove any shame of being born out of wedlock.
- 7) Pray that God restore a sense of worth, purpose and identity.
- 8) Pray for God to empower the person to forgive their parents and to confess out loud and receive forgiveness for bitterness formed in the womb.
- 9) Ask God to bring our sins to death on the cross and to begin to dismantle the structures formed around sinful reactions in the womb.
- 10) Ask God to bring life to that child.
- 11) Ask the Lord to cleanse a person's heart from unconscious or hidden resentments, to set him free and to replace anger with peace.

The higher the service intended, the deeper the Lord plunges the servant into suffering. (Hebrews 2:18)

There is not a moment in our lives that we would be better off without. Inner healing doesn't erase or change memory, values what we've been through and transforms it into glory.

God records the place where each of us is born; even our nationality and skin tone are selected by God on purpose that we might bring glory and transformation for him.

Healing for Christians is by the root of death of self on the cross and new birth in Him.
If the cross is not involved, you probably haven't been healed.

Counseling Dynamics – Part II

Session #3

Spiritual Rebellion

There are 4 laws of God that are eternal, irrevocable, and immutable.

- 1) Deut 5:16 – Honour your Father and Mother that it may go well with you.
Inverse: Any area that you could not and did not honour your father and mother, in that area, life will not go well with you.
- 2) Matthew 7:1-2 – Judge not lest you be judged, for the judgment you mete out it shall be measured unto you. So when you dishonor parents by judging them, that judgment is measured back to you and that is the way life does not go well with you.
- 3) Galatians 6:7 – Do not be deceived, that which you sow you shall surely reap. The first 3 go together.
- 4) Romans 2:1 – Therefore you have no excuse oh man, when you judge another for you yourself are doing the same thing. (Judging is not ‘seeing’ something accurately; judging is when the emotional motivation of hate and condemnation is behind it.) If you judge another with condemnation, the law states that it dooms you to do the same thing or something from the same root.

We have lost the sense of corporateness and of the legality of the universe. All things operate on the basis of law. We have lost the sense of law. We are wrong in believing that we can do whatever we want and it has no effect on anyone or anything.

God created the law of sowing and reaping before he ever created mankind so that as Adam and Eve did good things they would reap good and the universe would build itself in love. When sin entered, the very same law was enacted in destruction.

We think we can do anything with impunity. There is no act that you can do at anytime that does not have consequences. If you do good deeds, you and your children are going to reap. If you do bad things, you and your children are going to reap.

Law is eternal and universal; there are not two separate kinds of law for physical and spiritual.

In physics, natural law teaches us that for every action, there must be an equal and opposite reaction. This is the same spiritual principal found in Matthew 7:1-2.

Algebra teaches us that every equation must balance. This is no different than Galatians 6:7.

If you are going to counsel, the law of God MUST be ingrained in you until you know.

Hebrew 4:12 – The word of God is living and active, sharper than any two edged sword piercing to the division of soul and spirit, discerning the thoughts of the heart.

The law of God will help uncover what is in the hearts of people. Track from fruit to root according to the law of God.

Spiritual Rebellion is a condition that ALL of us have without knowing it. Every one of us is angry at God and we are fleeing from the creator and the life that He is giving us.

We have enmity with God. Romans 8:7 – The sinful mind is hostile to God it does not submit to Gods law nor can it do so.

We are all in need of reconciliation to Father God. Normally we don't think of ourselves as angry at God or in spiritual rebellion.

A spiritual rebellion test:

~ record your answers from the spiritual rebellion test read in the video ~

1) _____ 2) _____ 3) _____ 4) _____ 5)

6) _____ 7) _____ 8) _____ 9) _____ 10)

11) _____ 12) _____ 13) _____ 14) _____
15) _____

What your results mean? If you chose anything other than what you already have it means you are in spiritual rebellion against God. You are disgruntled with God and think He could have done different or better than He did.

It isn't nice to be angry at God and this is why we don't admit that we are and we carry this anger through life.

Important analogy from video teaching: Monrovia / Los Angeles smog example.

We are hurting. We were created in God, clean, pure and fresh, but then put into incarnation in the womb. In the womb we were polluted by adamic sin. We became lost and couldn't remember what we were sent to do. Every one of us – hurting in the womb, confused and sick. How do you think we felt about that? We felt angry at God for creating us, for putting us on earth. A lot of people believe being put on earth is a demotion or punishment from God, but it's the opposite, it is a promotion. Being put on earth is the only way we become sons and daughters of God and have fellowship with Him for eternity.

Every baby that comes out of the womb has been wounded by adamic sin. ALL have been wounded and ALL are angry at God. The more anger, the stronger the death wish and the more prone to accidents and diseases you will become.

If spiritual rebellion this is not healed, as life goes on and your energies wane, you may get a terminal illness. This may be physical or psycho-somatic in that it's the way your spirit is inviting death because you never wanted to be here in the first place.

Spiritual rebellion can affect us in the following ways:

Coordination: When this is healed, coordination is drastically improved. Our reluctance to be here and accept our own body, affects our coordination.

Inability to relate to others: We come up to other people, and we stand there as an apology – we broadcast the message “I don't like me, you shouldn't either” and people read that but don't even know why they don't like you.

We feel out of place:

Sexual problems: Every wife needs to know that she in her body and spirit is the best gift God has for her husband, that she is a blessing to him. She needs to know that her body is beautiful and holy before God. If she has never accepted herself, she can never present herself appropriately to her husband.

Every man needs to know that he is a blessing to his wife. Any true husband doesn't want to take, he wants to give and give blessing and fulfillment to his wife. If a man doesn't know this and hasn't accepted his body then he is unable to really give of himself. In this case, the sexual union completely misses out on the glory and holiness available; they are unaware there even is a glory. (Proverbs 5:15-19 – written to the husband)

Dyslexia: as discussed earlier

Destiny malaise: A sickness of heart we experience when we believe we are missing our life purpose. We can fulfill it with joy we grumble against our creation.

Allergies:

How is spiritual rebellion healed?

#1) You have to see it. (hence this teaching)

#2) You have to hate it. Hate the blockage and misconceptions in your life. Rom 12:9

#3) Forgive God.

God did not do anything wrong, but that does not mean we don't have resentments against Him. When we forgive God it actually means that we are receiving forgiveness for being resentful toward Him.

#4) Forgive others for tempting us to rebel against life.

#5) Forgive ourselves for being angry with and fleeing from God. (Amniosis)

Amniosis: Condition of fleeing from life, back into the womb (the amniotic fluid). The symptoms manifest with people not wanting to risk anything. They only want safety, security, and routine, with no spontaneity or adventure.

How to be healed?

Repentance and confession – repent to God for every way you’ve retreated from life. Receive assurance of forgiveness. If you are praying for someone else, say it out loud. The fruit will result in full and intimate relationship with others and people will be able to participate and move toward life and God.

Important prayers for healing are prayed in video teaching.

**Counseling Dynamics – Part II
Session #4**

Healing Homosexuality

Homosexuality is a corporate, mental stronghold. It is one of the most ancient and powerful strongholds.

A corporate mental stronghold is a practiced way of thinking, feeling and reacting which is built into society in the culture. It is automatic; It is a thing in itself and is wielded by principalities. Local (personal) thoughts and temptations are wielded by local demons.

Strongholds wielded by principalities move over people with the function to:

- Take captive peoples mentality so they cannot think outside its parameters
- Give people tunnel vision
- Block out the word of God or anything else that would contradict it
- Twist truth
- Reshape history in lying ways
- Give you 'buzz words'

Buzz words have no logical power in reality. They are emotionally laden and are supposed to end all discussion.

The battle in the world and the worst enemy to your faith is your own carnal mind.

Romans 8:5-7 – The carnal mind is enmity with God.

Until the carnal mind is brought to death on the cross the renewed mind cannot be released to operate. We must pray for our minds to be brought to death on the cross. (Pray the example prayer in the video teaching. You can use this prayer to lead others.)

When ministering to a homosexual:

#1) You must get together with other people in intercessory prayer **in advance** to defeat the stronghold first; otherwise it will reclaim the person and they will not be able to get free.

#2) You need to examine your own heart and attitude, if you have judgment and hatred of homosexuals they will feel this instantly.

#3) Understand the trials and wounding homosexuals have endured. Most have suffered from hate, fear, condemnation, rejection, bullying, ridicule, humiliation from peers, and heavy handed treatment from other Christians. Homosexuality is often treated worse than any other sin.

#4) Earn their trust. You need to have such compassion, without blame, that you are filled with love and the other person feels it.

#5) Be a good listener but speak the truth in love.

#6) Be aware of the Law. The bible does forbid homosexual practices:

- Leviticus 18:22, 20:13
- Genesis 18 & 19
- Romans 1:25-27
- 1 Corinthians 6:9
- 1 Timothy 1:10
- Jude 7 & 8

#7) You need to be aware of gay theology.

How does homosexuality get a hold of people?

Homosexuality is less of a sexual issue and more of a gender identity issue. Homosexuals and lesbians fail to identify with the same-sex parent. The lack of relationship with that parent leaves a void and a yearning for relationship.

God has created every man to need and yearn for relationship with father. In today's society, fathers have more and more failed to be fathers and are incapable of modeling what true manhood is. The hunger for the love from a man is unmet and easily leads into homosexual touch. The child feels rejected by the father, rejects the father himself and finds fathers love somewhere else. This is the greatest root of homosexuality in today's society.

Molestation is another great cause of homosexuality. Scripture says "Do not awaken, stir-up or arouse love before its time" (Song of Solomon 8:4). When boys are molested by a man (usually at puberty) they are aroused by a man who puts a mark in them and can come back later in life.

Sometimes homosexuality can be generationally inherited.

Pre-natal issues are another primary cause of homosexuality.

Genesis 1:27 – So God created man in his own image, in the image of God he created him; male and female he created them. All of us as are created both male and female within ourselves.

We manifest mainly in the pole of our sex. But we seek the opposite sex to express the other half of us that we can't.

If there is brutality in the home while the child is in the womb or if the child being formed in the womb is a girl and they want a boy, the male and female poles get twisted. The baby girl grows up manifesting more in the male pole of her being and seeks after a woman to express the half they can't. This is a very key root cause of homosexuality. This explains why when a person finally gives in to a homosexual act, it feels "so right" and they think this is who they are and were created to be this way. This is a wrong way of thinking however; God does not create anyone to be homosexual. They gave in to the confusion in the womb. They can be set free. The poles can be restored.

Homosexuals and Lesbians are cases of arrested development. The male/female poles in children are stuck together until about 10 or 12 years of age. After this age, in heterosexuals the poles separate, however in the case of homosexuals and lesbians the poles don't separate, but stay gnarled and twisted together. When a grown man who has been a homosexual is set free he begin to experience the normal pulls that a boy feels as a young teenager. It is important to pray for him to continue to mature and be set free to grow up inside himself.

The lies that homosexuals perpetuate:

#1) God created me this way

#2) You can't heal homosexuality, once this way always this way.

These are horrible lies. You can heal homosexuals and set them free. They DO NOT have to remain trapped in this lifestyle.

How do you set homosexuals free?

#1) Track out the causes.

Find out the relation to the father and mother.

Find out the generational patterns.

Find out – did the parents want this child to be the opposite sex

#2) Pray for inner healing

-Invite the Lord into the life to enable that child to forgive the parent/parents

-Ask the Lord to bring the wrong picture (i.e. brutal manhood) to death on the cross, enable them to see the Lord Jesus who is fully male and is gentle.

-Heal the person's heart

-If you know about the prenatal / wrong sex issue – pray in repentance for the parent's desire for the other sex. Speak into their heart "I didn't send you to

woman, I sent you to be a man, I don't make any mistakes; I set you free

be a

from lies.

#3) ****IMPORTANT KEY STEP****

- Once all the inner dynamics have been healed through prayer

- See the Lord (by vision) reach in, take hold of the poles and set them straight

- Pray in Faith for the emotions to line-up properly, for their feelings to normalize

- Ask the Lord to heal their poles that they yearn properly for the opposite sex

- Ask the Lord to bring to death all previous encounters

- Forgive every homosexual encounter

- Destroy the track of that practiced habit on the cross

- Set them free

#4) DO NOT send this man or woman into a group coming out of homosexuality

- This pulls them right back into the lifestyle

- They do not need a group of people like themselves

- They need to be in a church group of heterosexual men and women of all ages, both married and non-married

- They need to learn what the normal current of normal life

#5) They must AVOID former relationship

- You must make it clear that this person can never relate to the person they were in relationship with, they cannot see them again

- Encourage them to relate in small groups with heterosexuals of all ages

- Encourage healthy same-sex relationships

- Don't be afraid to hug a homosexual after you've prayed for healing. Don't go too far with it, but they do need "a father's" / "a mother's" hug to receive them as a man/woman. They need a wholesome touch from the same-sex which they most likely never had.

Transgender healing discussed in follow-up questions.

Counseling Dynamics – Part II

Session #5

Spiritual Captivity

A corporate mental stronghold of docetic gnosticism has been over the church, blocking it from being what it truly meant to be. This is the foundation for tremendous lies about the human body and healthy sexuality between a husband and a wife. We have to understand who we are – Sons and Daughters of God!

Scriptures on Spiritual Captivity

Psalm 28:1 – To you I call oh Lord my rock, do not turn a deaf ear to me for if you remain silent I will be like those who have gone down to the pit. (The pit is a place of captivity)

Psalm 32:2-3 – Oh Lord my God I call to you for help and you heal me Oh Lord. You brought me up from the grave; you spared me from going down into the pit.

Psalm 40:1-2 – I waited patiently for the Lord, He turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire. He set my feet on a rock and gave me a firm place to stand.

Isaiah 42:20-22 – You have seen many things but have paid no attention. Your ears are open but you hear nothing. It pleased the Lord for the sake of His righteousness to make His law great and glorious, but this is a people plundered and looted; all of them trapped in pits are hidden away in prisons. They have become plunder, with no one to rescue them. They have been made loot, with no one to say “send them back”.

What causes spiritual captivity?

1. If the family has been involved in the occult. This exposes a family to the power of darkness and a demonic being can come about a person’s spirit (even in the womb) and lock it up. The person is still locked away in places of their spirit and is literally not all there.
2. If you build your own system a strong heart of stone and you hide within yourself. Your own psychological barriers can become your prison.

Captive spirits are different than slumbering spirits. Slumbering spirits usually cannot feel the things of the spirit, whereas captive spirits usually can but are unable to enjoy them or participate in them.

How do you know if you have a captive spirit?

- Q – Do you ever feel hollow, empty or vacant as though something is missing from you?
- Q – Do you feel alone, lonely or separate even when you're with companions or in a crowd?
- Q – Do you feel persecuted, afflicted or tormented even when no one is bothering or hurting you? (Powers of darkness like to afflict a person in prison)
- Q – Do you sense you have talents and abilities you can't reach (they feel locked away)?
- Q – Do you have inner rages when there is nothing on the surface to be angry about?
- Q – Do you sense there is a film, mist or fog over life as if everything is dim, muted or hidden?
- Q – Are colours and sounds muted?
- Q – Does your mind frequently go vacant or blank? (disconnect between mind / heart)
- Q – Are you often forgetful?
- Q – Do you feel as if an imaginary glass wall separates you from life?
- Q – Do you feel bound, restricted or held back from living life fully?
- Q – In the presence of anointed worship or teaching, do you suffer overpowering sleepiness?
- Q – When in the presence of an anointed service or servant, do you experience dizziness?
- Q – Do you have dyslexia?
- Q – Do you often feel like there is trouble and danger all around when everything and everyone is safe?

A prayer minister can recognize spiritual captivity by observation:

- Body language – locked up, tight rocking
 - Voice inflection and pauses in speaking
 - Lack of eye contact
 - Sensing the person is not fully present
- In this case, ask the Lord to reveal the condition of the spirit and the place of imprisonment.

How do you heal spiritual captivity?

#1) Find out the wounds led to the captivity (unwanted in the womb, rejection by parent(s), wounding from siblings, sensitive spirit. Most captivity begins in infancy)

#2) Final healing comes after a series of recollections and reconnections. The captive person needs to repent of burying his talent. He withdrew within himself and buried himself, then powers of darkness took advantage of them.

#4) Ask the Lord to show you in a vision, the area of captivity.

#3) Through confession and repentance prayers, set the person free.

#4) Teach them to pray for LIFE each day and to choose life outside of the prison. Teach them to pray for the courage to risk, to be hurt, and take it.

#5) Encourage them to get with other people and celebrate life together. Laugh, have fun, play games, take your Sabbath and enjoy. Do things that make you feel good. Advise them to avoid people that speak doom and gloom, misery etc.

#6) Hug a lot! Hug people.

Counseling Dynamics – Part II

Session #6

Performance Orientation

Performance Orientation refers to the wrong motive for performing; a motive of fear and striving behind all we do.

This is so common, that everyone has some form of performance orientation. This happens to us as little children when we accept a lie that tells us we are not loved unless we can perform well enough to earn it.

If little children experience an ease of life with a lot of love and laughter then they won't have a strong performance orientation and will be confident knowing they are loved just because they exist. Most children do not receive the affection and love they need in a holy way and get the message in many ways that they need to perform to get love. This is the number one reason for performance orientation.

Children receive messages in ways that we as adults do not intend to give. Children are not able to rightly distinguish what we are trying to communicate and end up receiving the message that they need to “do right” in order to earn love:

- Conditional love (e.g. potty training)
- Unwise discipline:
 - “Go to your room until you can act right”
 - The child is sent away from the family (‘told he isn’t loved or wanted’) until he can act a certain way or performs rightly
- Family values
 - “There’s a right way to do things, and if it’s worth doing, it’s worth doing right!” Common saying
 - But what if we can’t do things ‘right’? We get the message then that we are not worth anything and we are not loved.
- Family Position (birthorder)
 - 1st children are naturally more performance oriented than 2nd children
 - 1st or only children have to live with parents who are mature. The child does not understand that they don’t have to be that mature so they strive to perform at that maturity level and connects that with love.

The root of performance orientation is fear. Fear of rejection, not being wanted, fear of not being able to measure up and fear of not being able to succeed.

At the very root level, performance orientation is an inability to believe that Jesus loves me just because I exist. “Jesus isn’t going to love me unless I ‘do right’.

Performance orientation is also the root of a religious spirit. A performance oriented person or a religious spirit wants to know the rules so they can perform by the rules and they can feel good and know they are loved.

When little children are performance oriented they act in a way they know will get them accepted rather than the way they really feel, but two things happen as a result:

- They lose touch with who they really are and what they really feel
- They become angry. (They feel like they are prostituting themselves to win love. The longer they perform, the angrier they get, and as they get older, the need to do something so bad it blows the “good” image begins to arise and often manifests to see if they can be loved even though they’ve blown it.)

Symptoms of performance orientation

- Need to succeed in order to feel good about themselves
- Work-a-holic
- Complimented
- Cannot receive criticism
- They cannot admit fault
- Compulsively defensive
- Take responsibility for everything
- Always over busy
- Always tired
- Tend to blame others
- Always angry
- Able to minister to others but not able to be ministered to
- Can’t confess sins
- Cannot receive gifts without reciprocating
- Try to control people in situations (drives people to perform – no rest)
- Unable to be truly intimate (can’t be real, they don’t open up, they perform)
- Always lonely
- They rob others of the freedom to give gifts because the performance oriented person demands gifts
- Judging - always measuring how well they are doing or not doing – as well as how well everyone else is doing or not doing

General results of performance orientation:

- Fear
- Striving
- Chronic fatigue
- Insecurity
- Compulsive need for approval
- Depression (this is the primary cause for depression)
- Abusiveness (emotional and mental abusiveness)

How do you get performance oriented healed?

- You have to earn the trust of the person you are ministering to.
- Love and accept them unconditionally and they have to know that.
- Help the person to recognize the performance orientation through teaching.
- With the person track to the roots (Prenatal? Childhood?)
- Lead the person through repentance, confession and forgiveness
- If you want to see freedom from performance orientation one must come to HATE it. (See your own righteous behavior, your pride and your ability to perform for God as something hateful.)
- It requires the body of Christ, you need to get in a small group and get real and let the body of Christ tell you who you've been acting like...(it is not who you really are.)
- Pray about the roots, pray the structure be brought to death on the cross
- Offer appropriate physical touch and hugs.
- Tease and kid, joke with performance oriented people
- Gentle 'sarcasm' - i.e. violin (be very careful and use wisdom w/ this method)
- Sometimes you have to carry them in your heart – commit to loving them all the time in your heart
- Encourage them to find friends who are not religious
- Performance oriented people need to play games, tell them jokes, take them to a comedy
- Affirm right motives – when they do something just because it's love, tell them they did that right!

Counseling Dynamics – Part II Session #7

Flight From Corporateness (Heart Of Stone, Silent Divorce)

Corporate means recognizing you are not an island; that you are connected across space with every other person. What we do affects, hurts, blesses, etc., every other person and vice versa; there is no private sin no matter how secret.

Corporateness in the context of the Lord means learning to love others more than ourself. It is when we prefer one another in honour, lay down our interests and our life so another person can come into the fullness of who they are. It means we care about another person and their family. Carrying each other in our hearts, interceding for each other, yearning and understand each other as we confess our sin to one another and pray for one another for healing (James 5:16), this is the very definition of the church. This however, is not how we are naturally.

We have been trained in rugged individualism. We have learned to be closed off and private. We take the approach that our business is our business and others should stay out of our business. This is anti-Christ thinking that has nothing to do with the word of God or Christian character. This way of thinking opposes Christ, the word of God and prevents “the church”. What we are called to and what God wants for us is to love one another; to have the love of the Father flowing through us so to set another free to be the most they can be. We however, flee away from this for two reasons:

- 1) Rugged Individualism: We’ve been trained to flee from corporateness
- 2) Heart Of Stone: Wounding and hurt during infancy that causes walls to develop results in a fleeing from intimacy

The “Heart of Stone” is the foremost cause for us not becoming the church. (Ezekiel 36:26, 11:19)

What is a heart of stone?

It is a hidden, practiced, defensive mechanism within us that keeps us from being corporate. It is a wall to hide behind and a defensiveness that makes us not want to open up and share things with people but to keep things very secret and private.

Everyone has a heart of stone. There is no one without a heart of stone. Some people’s hearts are not as hard as others, but everyone has some degree of a heart of stone.

How does a heart of stone develop?

It develops in infancy (when our spirits are wide open) through hurt, wounding or frustration that we are unable to communicate. As a result of the inability to communicate what we need, pray, forgive, or help ourselves, that frustration goes inside.

Rule of Thumb: In families where there is a lot of holy love, snuggling, nuzzling, nurturing, affection – the heart of stone will not be very strong and will not be very controlling. However, in families where there is a lot of rancor, shouting, fighting, misunderstanding, no affection and no prayer, the heart of stone will be built very strong and be very controlling.

What does a heart of stone do?

It hides you from others; in reality others can see you but you believe you are hidden. It means you want superficial relationship but not real intimacy.

Christians do not have a typical heart of stone. Christians have a “Hidden Heart of Stone.”

This appears in people who love others and are known for being loving. They love to help others but they will never let anyone help or minister to them. They are hiding all the time, they cannot trust others with their lives and are afraid to let anybody know them.

Most common people to have hidden hearts of stone:

- Pastors
- Doctors
- Counsellors

Unfortunately the hidden heart of stone is VERY very strong in the church. We are all in the church trying to perform for God and are working hard and laboring to make our character and personality work. This is why Jesus said “Come unto me all you who labour and are heavy laden and I will give you rest.”

We do not need a self image. We work hard to build a self image which provides us with some sense of security and pride. We build our self image, which is flesh; we live for it, we defend it, we have to make people see it and honour it. But when we come to Jesus, the self image is what has to die and what we gain is identity.

An identity is very different than a self image. An identity is a gift, something we did not build (i.e. “I am a child of God, I am a son of the King.”). We did not have to work to build an identity, it was a gift, we don’t have to defend it or live up to it.

One of the strongest marks of a people with a heart of stone is they live for their self image. They want to make sure that others see it and honour it. This is a reason why there are so many fights in churches.

GOD IS LOOKING FOR EUNUCHS

The lord said to John Sandford one time: “what I want in my Kingdom are eunuchs.” In biblical times eunuchs prepared the harem for the enjoyment of the King and men were turned into eunuchs so they couldn’t

sample the harem. The Lord said, “any man who will prepare my bride for my enjoying and not attract the love of the bride to himself, is a eunuch.”

In other words, anyone that prepares others for the enjoyment of Jesus and does not attract the love of others to themselves is a eunuch. A person with a heart of stone can be a eunuch because they live for their self image and make others honour it. You have to get rid of the heart of stone.

How do you get rid of the heart of stone?

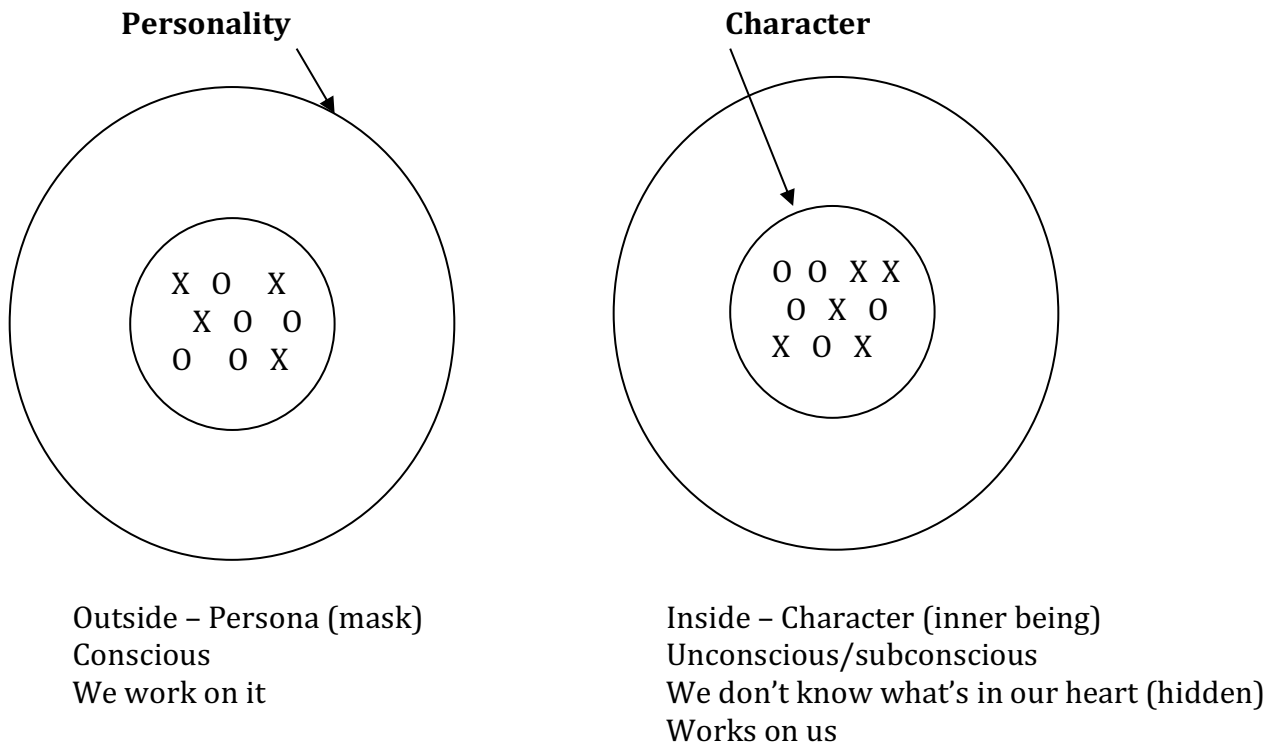
- **First you have to see the heart of stone.** You have to see the damage it’s doing and that it is preventing you from being corporate in your family and in the church,
- **You have to hate it**
- **Do NOT try to get rid of the heart of stone by yourself.** You have to be healed by others; otherwise you are just fortifying the very thing the heart of stone is. (1 Peter 2:8-10)
- **Get in a small group and GET REAL!** Stop hiding behind a façade. Confess your worst sins, pray and be healed! TRUST THEM! We don’t have a ‘reputation’ or self image to uphold.
- **Be “known” and “know” people.** If there is any area in our lives that someone doesn’t know about, we are not covered in that area and satan has access to us there. If we have people in our lives who do know everything we can relax because we know we are loved regardless and we don’t need to uphold a self image or façade.
- **Pray while hugging, embracing and/or holding hands.** Lack of touch causes the heart of stone; touch heals the heart of stone.
- **In Prayer:** Pray for the child within and the adult. Repent in proxy as a mother/father. Ask the person to forgive their Father and Mother. Pronounce they are forgiven for all resentment known and unknown. Lift the curse off their life, ask the Lord to melt the walls, and replace the heart of stone with a heart of flesh.
- **Continue to pray over time for their heart.** The adult hears the “I love you” the first time, but the inner child needs to hear it over and over again until it finally sinks in. They need to be assured that no matter what, they are loved.
- **There may be a need to have this prayed for many times.**

IMPORTANT!

****We are more afraid of what is good than we are of what is bad. We will flee from goodness faster and stronger than from badness**** (many examples from video teaching)

Proverbs 18:1 – He who is estranged seeks pretext to break out against sound judgment.

We flee away from corporateness and each other precisely because it gets 'too good'. We become afraid, afraid to be vulnerability and afraid to be open.

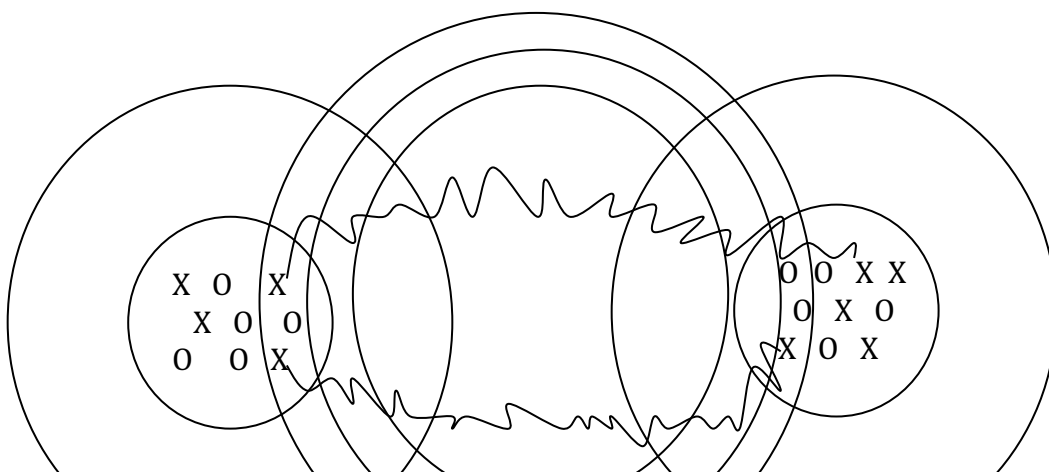


X = Troubled spots within us, hidden reactions and practices in our nature
O = The glories, talents, great things that are inside of us that needs to be developed

God matches us with people (especially a spouse) with whom we are perfectly designed to 'grind'. We are not willing to look in and see what's inside. When we are in relationship with that one we grind, we will die on the cross. We are going to have to look inside to see what the trouble is, instead of congratulating ourselves on how good we are. God puts us with a 'beloved enemy'.

In any relationship there is one question: *Are you going to drink from each other's strengths and enable each other to become stronger and better, or are you going to drink from each other's weaknesses and tear each other apart.*

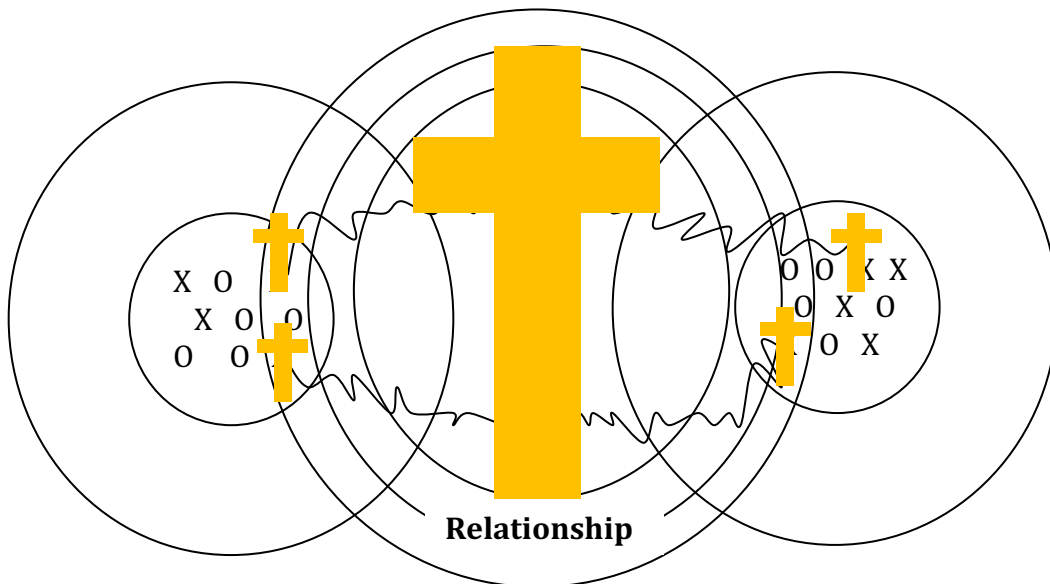
The beginning of fighting in relationship means that you have penetrated behind each other's fronts and are now dealing with what's really in the heart. The longer the relationship, the more the triggering of 'hurt spots' resulting in hassles and battles.



What God wants to happen is Ephesians 5:21 – Be subject to one another out of reverence to Christ.

The principal: To the degree that you are subject to Christ, you can safely be subject to one another. To the degree that you are not subject to Christ, you will be subject to the flesh in one another.

Where the cross is at the center of the relationship, you can avoid blaming each other by each person bringing the root issue to death on the cross. (i.e. bitter root judgment expectancies of fathers, mothers, relationship etc.) The people in relationship then become free of those areas of hurt/wounding.



God's plan is to bring us together so that progressively, one thing after another, the things in our hearts are revealed and brought to death on the cross. ("If you want to take the splinter out of your brother's eye, take the telephone pole out of yours)

This is God's plan for marriage, for family, for church for employer/employee relationships. The longer you are in relationship together, the more you trigger into things and the more you bring those to death on the cross.

Sometimes as this happens, this becomes either too good or too painful and we stop the process of becoming whole by erecting barriers. This is called silent divorce. MOST COUPLES are living in silent divorce. They are treading water together.

How do you know if you're in silent divorce?

Symptoms:

- You don't share everything like you used to
- You don't pray about everything together or even pray together at all
- You don't share the same common friendships as before you get new friends independent
- You don't share common hobbies together or do things together but do things separately – not sharing anymore
- You don't confess your sins to your spouse anymore – there's a fear of "giving the enemy too much ammunition."

How do you get out of Silent Divorce?

- You have to see it, recognize it
- Romans 12:9 – you have to HATE it (you cannot justify it)
- You have to repent before the Lord for your separation and withdrawal
- You have to communicate, talk and hear the other person
- Do not justify, explain or rationalize

Hebrews 2:15: "...who, through fear of death were kept in lifelong bondage." The death we fear is the death of our world of control, the death of ourselves. We choose bondage.

All of our ways of loving that have not died on the cross is, use, manipulation, exploitation, possession, control and demand. Therefore, the more we love, the more we try to control. The unconscious demand we have, takes the way the gift the other desires to give us. We learn we aren't free to be ourselves with each other because we feel the unconscious world of demand. Luke 14:26 helped to uncover this. This was healed through a prayer to renounce own love to death on the cross. The Lords love was then free to flow and the love of Jesus flowing through us sets the other person free whereas our love controls and manipulates.

Counseling Dynamics – Part II

Session #8

Spiritual Adultery, Empathetic Defilement & Burden Bearing

Spiritual adultery is a pitfall that traps good Christians. It occurs whenever you place someone other than your spouse in the position of being your primary human comforter to your heart. If you aren't married, you can still fall into this trap with other people, even ones that are married.

Spiritual adultery is very common and happens almost without realizing it, especially with Pastors.

The glory of a marriage is experienced through communication and connection between a husband and wife is essential and required throughout the day and then is consummated in sex usually at the end of the day. Sometimes when communication breaks down through the day (for varying legitimate reasons) the glory in the marriage begins to wane and subsequently the sexual relationship begins to break down and one or both of the spouses begin to die inside.

Then at work, by necessity of communication in an office environment, a husband or wife ends up communicating so much a coworker they often develop great friendships and talk about much more than just business. Without even realizing, the husband or wife has entered into spiritual adultery by putting their coworker into a position of communication that only their spouse is supposed to have even if the relationship is completely platonic. Most times both parties have no idea they are in spiritual adultery and will definitely deny it if suggested because they genuinely do not feel any inappropriate feelings.

Spiritual adultery if left unaddressed ultimately leads to physical adultery even if the relationship is completely platonic and neither party have never had a sexual thought for the other person.

If a sexual relationship then ensues it causes great delusion because this new relationship is filled with communication and emotional connection which makes for more emotionally satisfying sex. This leaves the adulterous spouse confused and thinking this new relationship must be real love. Those feelings are false and the relationship is not even experiencing the full glory. In sex through marriage the Glory occurs because the Holy Spirit sings through each body into the other. However in an adulterous relationship there is no glory, even though it might feel more satisfying because there is greater communication in the relationship and there is more emotional satisfaction, the Holy Spirit will not participate in immorality and will not sing in an adulterous relationship.

Even if a couple forgives and moves past the adulterous relationship, spiritual adultery leaves a person vulnerable and if the roots are not ever dealt with it will happen over and over again. Spiritual adultery leaves one very susceptible then for physical adultery and can even lead to one becoming a sexual predator where the person becomes calloused to this

Spiritual adultery for counselors, pastors and prayer ministers is almost inevitable.

Why/How? E.g. A young woman comes for counseling, who has a father and husband who doesn't listen or hear her. She has an inner loneliness and has never been able to share the depths of her heart. She comes to her pastor or counselor who has a listening heart and really hears her. She can now unburden her heart and this is a wonderful and healing thing for her, however, she has now put the counselor a position that belonged only to her husband.

To some extent this can't be avoided (Prov 4:14). What do you do? You work to get yourself out of that position or "job" as soon as possible. Get her healed or fixed on to the Lord, or back to the husband as soon as possible. Also suggest counseling as a pair (refer to scripture - "two are better than one" Ecc 4:9-10). This still may not prevent spiritual adultery from the side of the counselee, but the important part is to make sure the counselor/prayer minister/etc. maintains the line and does not reciprocate with spiritual adultery by not sharing their heart and working to be transparent.

When counselees cannot get past the minister to the Lord or their own spouse, praying "Lord Jesus, what in me is this person getting hung up on? Show me what part of my flesh isn't dead. Bring that area to fullness of death so I am transparent and they go through me to you quickly." This is one way that counselors/pastors/prayer ministers die to self faster.

Even prayer partners between women can find themselves in spiritually adulterous relationships. It is very difficult to avoid but it is very important to be aware of it and pray the Lord would set you free from the traps associated with it. Also ask the Lord to quicken you and your relationship with your spouse so that you don't get into wrong relationships.

Counseling is a "dirty business" – we have to become involved with other people, but we don't have to be part of the problem, we are part of the solution.

If you are a prayer minister or pastor and you are not opening to your spouse, not sharing or feel like you can't tell all your secrets to your spouse – STOP COUNSELLING RIGHT THEN! Go to your spouse and get things together at home. If you're a pastor, take a break. Do not continue to pastor until things are ok in the marriage or else it is not safe to minister out there.

This is essential to maintaining spiritual purity that is coming forth in ministry.

Empathetic Defilement is when, as a pastor or counselor one has a heart of compassion to identify with and feel what the counselee is feeling. If the counselee, for example, is experiencing lust, the counselor will begin to feel the lust which then defiles the counselor if they believe that these lustful thoughts are their own. This happens to many many pastors.

Burden bearers often pick up on what others are experiencing and when they sense someone else's feelings and identify with them, those feelings flood in and make the burden bearer feel as though those feelings are their own. This is empathetic burden bearing defilement.

We have not understood how corporate we are and how the feelings and thoughts of others can come into our own heart and mind and we think those feelings and thoughts are our own – but really they are not!

Rom 12:1 – present our bodies a living sacrifice... which is your spiritual worship or service

We give our bodies to the Lord, and the Lord allows others burdens to come into us (for the purpose of prayer), but without proper teaching of what this is about ... we get confused and think there is something wrong with us. But if this is happening, we can ask the lord, “Who is feeling this?” Help them, Lord (or help me if it’s me), then release it to the Lord and let it go.

As a burden bearer we need to lay our gift of burden bearing back on the altar and decide we don’t want to bear any burdens unless it’s God is having us bearing a burden for Him and bring all of our natural burden bearing ability to death on the cross.

In a counseling session, the Lord can open the burden bearing gift and allow us to enter in to a relationship for the purpose of healing.

A vampiric spirit is a demon that fastens itself onto someone’s chest or back and sucks your energy. It comes on burden bearing people who are used to being tired for others. Its purpose is to wear you down and drain you so you lose judgment and discernment. Burden bearers often don’t recognize the difference between being tired for others through Jesus, and a vampiric spirit.

Symptoms of vampiric spirit:

- Suddenly feel a drain of energy,
- Tiredness happens at strange times (i.e. after just waking up)

If you are going to bear burdens and walk in Christ safely, we need to understand Hebrews 4:12 – “The word of God is living and active, sharper than any two edged sword piercing to the division or setting asunder of join and marrow, soul and spirit, discerning the thoughts and intents of the heart.

Teaching of Watchman Nee’s book “Latent power of the soul” - the functions of our soul and spirit must be rightly separated so that we have divine order without getting all disturbed and confused when we receive a burden of the Lord to bear.

Romans 8:5-7

The issue of the baptism of the Holy Spirit is ‘who is in control’ – that which primarily blocks Him is the carnal mind, the old mind.

Counseling Dynamics – Part II

Session #9

Forgiveness, Repentance and Restitution

Forgiveness is not pardon, it does not let the other person off the hook, the offender is still accountable. Forgiveness does not do away with discipline. It doesn't mean that you have to forget the offense happened, but the memory becomes a part of the sweetness of the relationship with the Lord and the person.

Forgiveness is not the same as reconciliation. Forgiveness is the first step toward reconciliation, but reconciliation may not be possible.

Forgiveness does not mean that you are vulnerable to the other person. If you do NOT forgive the other person you will be vulnerable because you will be hooked to them and they will have access to hurt you again.

Forgiveness does not mean that you have to trust the person again but it means you are free, the blood of Jesus has covered you and you do not have any resentment against the other person.

Holding resentment or unforgiveness does not act as a protection, it acts as a bridge to allow further hurts.

One of the deepest confusions about forgiveness is that forgiveness is something we have to accomplish. There is NO forgiveness without the shedding of blood. We cannot forgive or change our heart, forgiveness is only something that Jesus can work through us. The key is getting into the position that allows Jesus to accomplish forgiveness.

Forgiveness is NOT an option, it is a requirement. If we do not forgive, the blood is back on us (Mark 11:25-26 / Matt 6:14-15)

Forgiveness is easier when we catch our resentments early. 1 John 1:7 - walking in the light, the blood of Jesus cleanses us of all unrighteousness.

Discipline for forgiveness

- All day long as things happen, right as they happen, talk to Jesus about them in prayer
- 2 requirements in these prayers
 - Must be honest – be real about how you're feeling about a situation
 - The cross has to be at the center of these prayers – instantly identify and bring the emotion, feeling and response to death on the cross and ask the Lord for His response. Admit how you feel, admit that you can't forgive, Ask the Lord to work

forgiveness through you right then and there. If you do not wait, but do this immediately, nothing is able to lodge in the heart.

- Recognize that you have to let Jesus do it. This is not something we can do, we must die daily and allow Jesus to live in us.

How do resentments get lodged and buried in the heart?

- When we are too young to understand our angers. Children don't yet know how to pray or reason it through so the anger goes deep into the heart and lodges in there. Hidden resentments lodged in the heart in childhood is the primary thing as counselors we are dealing with. A lot of people do not realize they are as angry as they are
- When we don't know that we are hurt or angry
- When we rationalize – That is mental, but not an accurate response of the heart which responds with I'm hurt therefore I'm mad.
- When we refuse to forgive immediately – it goes straight to the heart.
- When we turn our backs and simply refuse to listen
- When we refuse to forgive immediately, turn our backs and refuse to listen, or shut-down due to trauma (homeostatic principal), hurts are suppressed or forgotten to avoid the pain (i.e. child molestation). These hurts manifest later on in life in different ways, yet the person does realize these responses stemmed from a hurt because there is no memory of that hurt. There is no realization that there has been suppressed hurt and the person does not know they need to forgive.
- When our heart insists that we are owed, we remain in bondage to sinful reactions triggered by similar situations.
- We are in bondage to the operation of Law – sowing and reaping. When we do not forgive, we don't allow the mercy of Jesus Christ. The only way the sowing and reaping of unforgiveness stops is on the cross of Jesus Christ.
- Romans 8:4 is the primary work we must do.

How do you know if you've forgiven everyone or if there is something lodged in your heart you don't know about?

- Do you have strong emotional reactions when you see someone who has hurt you.

- Do you want relationship with that person or do you avoid them.
- Do you still rehearse speeches you'd like to deliver to that person?
- Do you imagine ways of getting even or getting revenge?
- Can you sincerely bless someone or rejoice when something good happens to them.

How are you going to know if you still may not have a pure heart, even if you are not experiencing any of the above situations?

- Is there difficulty in relation to God? Are prayers not being answered as they were before, are there problems coming into His presence?
- Do you have physical problems? Headaches, pains, ulcers, illness, disease?
- Do you have periods of despondency that return after joyful times?
- Do you have problems sleeping or resting?
- Do you have physical, mental or emotional exhaustion or torment?
- Do you have continuing patterns of sin or difficulties?

These all may be indications that there is someone you have not forgiven.

How can you now let Jesus get real forgiveness into the heart?

Process for Leading to forgiveness

- Recognition: Identify specific wounds, resentments and any areas of unforgiveness and bitterness
- Pray the Gethsemane prayer
 - In the garden at Gethsemane, Jesus entered into prayer, and because he was fully God and fully man, He transcended time and space and became us – every person in the past, present and future. HE took into His body all the sins we have ever committed or would ever commit. (2 Corinthians 5:21)

- The prayer would be: “Lord, in compassion, identify me with the heart of my offender with his hurts and wounds. Bring to death in me that which would declare my wounder as sinful and me as righteous. I am not better than him. I am one with him at the foot of the cross. I cry out, *‘Forgive us! Set us free from the traps of hate.’* End all one-up-manship. Enable me to identify not only with the evil in him but with what you created him to be.
- The Gethsemane prayer is to be followed with prayers of forgiveness and blessing for the offender
- This will end the negative reaping that bitterness has brought on us.
- It ends the separation in which we exalt ourselves to belittle others; realizing we are no better than our brother.
- This also brings us to forgive others and ask for God to forgive us as well.
- This helps us realize that both we and the offender stand at the foot of the cross needing help and reminds us that Jesus died to forgive our sins (Hebrews 9:22)

As a prayer minister, you are to:

- Lead a person in expressing forgiveness
- Lead a person in seeking out and confessing resentments held in the heart
- Offer assurance of forgiveness (John 20:22-23)
- Sometimes people feel they need to forgive God. This helps to bring closure to issues in their life. (2 Cor 5:18-20)
- Pray a blessing for the one(s) who hurt you. (Rom 12:14-21, Matt 5:44, 1 Pet 3:8-9) If possible, do something to bless the wounder(s).

When to restore relationships?

- When it is wise to restore the relationship
- Discern when and if restoration of relationship requires talking things out with whomever has been forgiven
- Discern when you can trust that person (Psalm 118:8, Prov 12:20a)
 - Is the person willing to talk?

- on you? Is the person willing to take steps to heal the wound inflicted

As a prayer minister, offer support to:

- Help the person walk out forgiveness in daily life
- To minister forgiveness to others
- To examine residual negative emotions (these may indicate pieces of root sill remaining)

Forgiveness is:

- A choice i make with my will, to allow Jesus' work on the cross to remove my hurts, judgments, bitterness, resentments and hatred from my heart
- Surrendering my right to be paid back for sins against me letting God be the judge and jury
- It's not about that other person's guilt but about my resentment, regardless if it's founded or not
- Greek definition – aphiemi: to remit a punishment or cancel a debt (In my own heart – pardon is accomplished by Jesus or by governmental authorities. (Matt 6:12)

What are the fruits of forgiveness?

- We are forgiven, cleansed and healed (1 John 1:9, James 5:16)
- We are freed from the bondage of bitterness and burden of debt
- Our hearts are reconciled to others and to God
- We can walk in spiritual authority
- Fullness of fellowship in worship and in human relationship is restored.

Repentance

Repentance is a rare commodity. Most of the time we do not see true repentance, but rather we often see remorse.

Real repentance is a gift of God's grace - godly grief, based on love for God and other people, for the wounding that we caused. You grieve that the Lord is hurt, you grieve the other person is hurt, and the fact that you did it is less important.

Greek definition means a change of mind or purpose. It is fully turning to God without reservation or excuse.

Remorse is self centered and being sorry we did something wrong or wishing we had done better. It is of the flesh and the flesh never comes to true repentance or freedom. It can also be when we are brokenhearted for ourselves only.

Saulish Repentance is preceded by self-exaltation, based on pride and results from an inability to face oneself by blaming others. (1 Sam 15:12, 15a, 21)

- There is always a "good reason" for disobedience (vs. 15b) and it is always convenient, or involves compromise due to "life's pressures." (vs. 24)
- Saulish repentance expects God to understand and seeks to avoid painful consequences. It is without surrender. (1 Sam 14:24,30)
- It misses the blessing of God (1 Sam 15:23) – the result: Saul lost both his mind and his kingdom and lived the rest of his life in disillusionment.

Davidic Repentance

- Accepts the truth when confronted
- Makes no excuses – takes responsibility for own actions
- Willingness to face consequences of sin
- Willing to change 180 degrees
- Allows God to change the heart/mind
- "Feels" the damage done to the other person as if it were done to oneself (1 Sam 12:16,24)
- Focuses attention upon the wounded one, including God (vs 16, 24)
- Unwilling to compromise; stays with new disciplines
- Results in increase of blessing (birth of Solomon vs. 24-25)
- True repentance is a gift from GOD!

The sacrifices that are acceptable to God is a broken spirit and a contrite heart. (Psalm 51:17)

How to lead others to repentance:

- **There is no guarantee we can bring another to repentance**
- Give unconditional love/acceptance (Rom 2:4)
- Encourage/assign study in the Word
- Confront with the compassion yet boldness of Samuel (1 Sam 15) or Nathan (2 Sam 12:1-15)

Restitution is not just about an apology, but restoring what has been broken. It is showing that our hearts are broken over what we have done. Meaningful restitution builds awareness of the cost to the wounded one. (Ex 22:1, Numbers 5:7, Luke 19:1-10, Ex 22:1-17, Lev 6:1-5)

Restitution is God's law for restoring relationships:

For the offender it helps:

- Feel the pain of the damage caused
- Bring to death sinful structures/habits
- Write on the heart the price of our actions
- The offender cannot be totally healed without doing restitution

For the wounded, it helps:

- Make forgiveness easier
- Heal the wound
- Restore trust and love
- Although the person may be healed without restitution, restitution helps the process.

Examples of relationships in need of restitution: adultery, theft or gossip.

- Listen and empathize with the one you wounded
- Repay what has been stolen with an added blessing
- Repair what has been broken

- Acts of service or gifts

The fruit of full repentance:

- Reconciles us to God
- Reconciles us to others
 - Specific relationships fractured by sin
 - Our obedience to the call of forgiveness and repentance removes both the natural and spiritual separation which sin causes, and reunites us with the Body of Christ.

Counseling Dynamics – Part II

Session #10

Bearing Burdens Rightly

Gal 6:2 – “Bear one another’s burdens, and so fulfill the law of Christ.” (ESV)

We are commanded to bear one another’s burdens. Burden bearing fulfills the law of Christ to love one another as He loved us. How did He love us?, by laying down His life for us. This is a supreme act of love by laying down our life for one another.

Burden bearing is a part of intercession.

Hebrews 7:25b says that Jesus always lives to make intercession before the Father. Since Jesus is in our heart, if we are not interceding we are not letting Jesus live His life through us. The normal life-breath of a Christian is intercession for others.

What is Intercession?

- Intercession is unique in that it begins in the heart of God.
(Eccles 5:1a,2)
- Intercession is not prevailing on God to cause Him to do something we have thought up.
- Intercession is God moving through us to invite Him to do what He wants. We must invite Him to act, he will not just do this without an invite.
- Intercession is sometimes detached from the burden
 - We pray; God answers. We are not much involved.
 - But sometimes we ARE involved as in “burden-bearing” - it is the work of the Lord Jesus Christ through us.
 - Isaiah 53:4-5, Romans 12:15

Burden bearing is when the Lord Jesus comes alongside someone through an intercessor to draw the hurt and turmoil to Himself on the cross.

Gal 6:5 says however that we must bear our own burdens. What Jesus will do with burden-bearing intercession, is draw enough of the pain away from someone to restore them to their right mind.

2 Corinthians 4:10-12, Romans 12:1, Philippians 3:10-11

Problems can arise in burden-bearing:

- When we reach out to bear burdens in our own spirit – without Him.
 - Before we know the Lord: we do it ourselves, sometimes unconsciously, sometimes compulsively, possibly for wrong motives.
 - After conversion: foolish zeal; we try to meet every need we see without direction from the Lord. This is a formula for burnout.

How do we bear burdens rightly?

- A portion at a time. The Lord will not draw all the hurt and turmoil to Himself at once. Gal 6:5
- By letting it be God's work through us. Burden-bearing is a primary way we can love in Him and thus fulfill the law of Christ (Galatians 6:2)
 - This is not the heresy of substitution; we must not try to stand in someone's place and ask God to give us that person's pain. Jesus is our only substitution, but we can participate with Him by interceding.
 - We must remember at all times that burden-bearing is not our work; it is the labour of love of our Lord Jesus Christ.
 - When He does it through us, it is easy (Matt 11:30)
- By laying down our lives in love for others. "Greater love has no one than this, that one lay down his life for his friends." John 15:13

What does it mean to lay down our life?

- We tend to think that means to lay down our self-centeredness
- Or to lay down our time and energies, in serving God and others

What was Jesus' life was His fellowship with His Father

- Jesus left Heaven, but did not leave His Father
- He always went to Him in prayer
- He always did what He saw His Father doing (John 5:19)
- Jesus said that He and his Father were one, and whoever had seen Him had seen His Father (John 14:8-9)
- Jesus spoke His words not on His own authority, but the Father who dwelt in Him did the works (John 14:10)

How Christ bore burdens rightly

- Jesus' relationship with His Father was never broken; you cannot separate the Trinity.

- However, when Jesus became our sin, because sin separates us from God, He felt our separation. (Heb 2:17)
- On the cross, He identified more and more with how we feel until He cried out “My God, my God, why have you forsaken me?” Matthew 27:46b
- At that moment, He identified with our loss – estrangement from Father God.
 - Thus, our Lord Jesus Christ “lost” the life most precious to Him – before His physical death.

What is our life?

- We also identify with others’ estrangement from God, as we experience their pain, grief, effects of sin, etc., in burden-bearing intercession.
 - God calls us to identify with others, that He may draw their hurt, loss, sin and death to Himself through us: this is burden-bearing.
- There are two kinds of Christians:
 - Those who want only the “good life,” selfish and self-centered; they will always have another problem.
 - The unselfish, who want healing in order to serve the Lord by identifying with others as He did.
 - They will remain well, because they have learned the secret of life is to lay theirs down, living the law of Christ, thus set free from the law of sin and death. (Rom 8:2)
- But sometimes others’ burdens get stuck in us
 - If we cannot fully and easily release them all through prayer, then the longer we bear burdens, the more full of others’ death we become
 - This process of becoming overloaded darkens our spirit, weighs down our emotions and clutters our mind
 - We become forgetful, “spacey,” confused, pre-occupied and/or inattentive to others’ needs
 - We become too clogged and distracted to maintain that intimacy with God in private devotions or in corporate worship, which is our life
 - So, instead of continuing to lay down our life for others, we become overloaded and disconnect from God and others

- God wants us to take it all to Him, to be clean and refreshed
- We are to be clean conduits, so that death flows through us to the cross without getting stuck in us.
- When “gunk” gets stuck, you have to ask, “What in me needs to die?” and then pray it through.

If you give yourself as a living sacrifice to bear burdens, you receive a number of rewards:

- You die faster!
- God’s word comes alive! It’s not confined to what happened 2000 years ago. You are living it, feeling what Jesus and the apostles felt
- You fall more and more in love with Jesus. You share His sufferings and His joys, ministering to Him, experiencing what it costs Him every day to bear the consequences of our sins and grieve our sorrows – and you love Him for it.
- You learn to hate sin passionately (Rom 12:9). You feel in your body a smidgen of what Jesus bore – just enough so you can’t stand to pierce His body again. (Heb 6:6b)
- You enter into a more intimate and personal fellowship with Father God – the greatest reward of all.
- Doubt is gone. You truly know Jesus and Father God and they love you and all mankind. (John 14:21)
- He is daily being disclosed to you more and more, because you are living His life with Him
- Father God and Jesus make their home with you (John 14:23)
- There is the pearl without price for which one sells everything – that Father God may abide with us.
- Father God is our home, our peace, our source of power – “The Father in me does the work.”
 - Life with Father God is the summum bonum (lit. “highest good”), the best life has to offer
 - Burden-bearing is a key to that life, for “whoever loses his life for My sake will find it.” (Mat 16:25)

So what does Burden-bearing do?

- Helps us catch the 'scent' of what the fruit and root are, thus helps us know what questions to ask and directions to take.
- Enables us to sense what is and what is not ripe for healing.
Intercession removes blockages and helps create ripeness.
- Reveals hidden pain the person is unable to identify
- Invites the Lord to draw their pain through us in intercession so they are free to face difficult issues
- Enables us to sense strongholds which intercession can take captive
- Enables us to sense what is theirs and what is ours, so we don't fall prey to empathetic defilement

There is no greater expression of ministering to our Lord Jesus Christ than to share in His sufferings. This is what burden-bearing is all about.